

P26/HSC148/EE/20160520

Time : 3 Hours

Marks : 80

Instructions :

1. All Questions are Compulsory.
 2. Each Sub-question carry 5 marks.
 3. Each Sub-question should be answered between 75 to 100 words. Write every questions answer on separate page.
 4. Question paper of 80 Marks, it will be converted in to your programme structure marks.
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1. Solve any **four** sub-questions.
 - a) Explain Maslow's theory of motivation. 5
 - b) Write a note on learning. 5
 - c) What do you understand by id, ego and superego? 5
 - d) Explain development psychology. 5
 - e) Explain trait theory. 5
2. Solve any **four** sub-questions.
 - a) Write a note on protective foods. 5
 - b) Explain the food sources of Vitamin B12 and folic acid. 5
 - c) Give the importance of MUFA and PUFA. 5
 - d) Explain Scurvy. 5
 - e) What do you mean by energy? Explain BMR. 5

3. Solve any **four** sub-questions.
- a) Explain how concepts of psychology can bring change in optometric field. 5
 - b) Explain how vision problems can create a change in their behaviour. 5
 - c) Why Fats, Oils and Sugar are located at the peak of the food pyramid? 5
 - d) Explain the deficiencies caused due to mineral deficiency. 5
 - e) What are lifestyle disorders? Explain. 5
4. Solve any **four** sub-questions.
- a) Write a short note on iodine. 5
 - b) Explain the importance of fibres in our diet? Give its food source. 5
 - c) What do you understand by intrinsic motivation? 5
 - d) Classify proteins depending on presence of essential amino acids with examples. 5
 - e) Psychology and nutrition is related to each other. Explain. 5

